

Who are Children with Special Health Care Needs?

Nearly 20,000 children in our state have some kind of special health care need and over 40% of these children have a health condition that limits their play and school activities.

This means 1 in 5 families within our state have children living with a special health care need and includes: physical, mental or emotional disabilities; others live with a chronic illness and many present a brief, but life-threatening medical problem.

If you are the parent or caregiver of a child, youth or young adult with special health care needs you are not alone! Family Voices of North Dakota is available in all eight regions across the state. Contact us; we understand your concerns.



What makes Family Voices different?

Family Voices of ND is a parent led organization. All staff are parents of children with special health care needs and disabilities.

All services that are provided to your family are at NO cost to you!

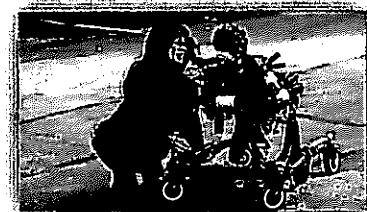


For more information about Family Voices of North Dakota please contact us!

P.O. Box 163
Edgeley, ND 58433
1-888-522-9654
701-493-2634
fvnd@drtel.net
www.fvnd.org



As part of a grassroots national network, Family Voices of North Dakota is the Family to Family Health Information Center to help you navigate the complicated issues surrounding health care for your child or youth with special health care needs and/or disabilities.



**KEEPING FAMILIES AT
THE CENTER OF THEIR
CHILD'S HEALTH CARE**

What does Family Voices do?

Family Voices of ND:

- Provides families with tools to navigate systems and help make informed health care decisions.
- Provides leadership and brings the voice of families to health care programs and policies.
- Promotes family/professional partnerships.
- Offers opportunities to interact with policymakers, educates families about the legislative process and teaches advocacy skills.
- Hosts trainings, workshops and topical calls for parents and professionals.
- Provides support, encouragement and peer mentoring.
- Walks you through transition phases into adulthood.

Parent to Parent USA Program

Parent to Parent (P2P) matches families with children/youth with special health care needs/disabilities with a trained volunteer Support Parent who has had similar experiences.

P2P is a valuable source of assistance and information for parents because they can talk with an experienced parent who really understands.

Families often look to P2P for help and information such as:

- Resources
- Financial supports
- Similar experiences
- A listening ear



Member of the Parent to Parent USA Alliance,
Committed to Parent to Parent USA-Endorsed Practices

If you are looking for another parent to visit with, please call F V N D today

Project Carson

Project Carson offers support to new parents who receive a prenatal



or at birth diagnosis. Project Carson's goal is to assure that families receiving a diagnosis have access to a support network of parents and organizations that understand the emotions, joys and challenges that come with the word diagnosis."

Our network of experienced parents can help you access supports that may be available to you such as:

- Financial Assistance
- Family Support
- Early Intervention Services for your child and family

To be referred to Project Carson, call 1-888-522-9654.